

I can tell you how I will keep track of my child's care

I can tell you about the roles of the people on our health care team

I can tell you what medical tests my child is getting, and what they are for

I can tell you what to expect after surgery

I can tell you how to comfort my child

I have learned how to do CPR

I can show you how to pick up my child

I can tell you what my child is able to do

I can tell you about my child's heart condition



PHOENIX CHILDREN'S Hospital

I can show you how to care for my child's incision

I can tell you how what my child eats affects this condition

# Our Journey™ with Heart Surgery

Start

Home

I can go home when:

- My child is eating and gaining weight.
- I can take care of my child at home (may include nesting).
- My child has completed newborn screening.
- I can tell you when and why I would call the doctor.
- I can tell you when and where we have follow-up appointments.
- I have my child's immunization records.
- I have a home medication and care schedule.
- I have filled out prescriptions and can tell you about each of them.
- I have my child's Beads of Courage.

I can tell you who I can call for information

I can show you how to feed my child

I can tell you about my child's medicines

I can tell you about nesting

I can tell you about the Car Seat Test and show you how to put my child in the car seat

I can tell you signs my child is getting worse, and how I will respond

I can show you how I use home equipment and supplies

I can tell you about Home Monitoring Program (IMP)

I can tell you some side effects from medicine and how to respond if they occur

I can tell you when and how to give my child medicine

