

# The Care Journey for Me and My Heart

Name \_\_\_\_\_ Discharge \_\_\_\_\_



We can tell you about our child's heart condition.

We can tell you what to expect after surgery.

We have our Navigation Folder and know what information it includes.

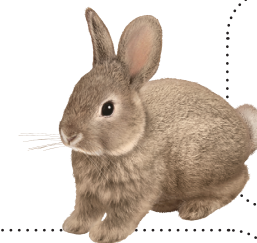
We know who our PT/OT are and what they do.

We know who our Early Intervention Specialist is and what they do.

We know who our Speech Therapist is and what they do.

We know who our Social Worker is and what they do.

We know who to contact for financial or billing questions.



We can tell you what medications our child takes and why our child takes them.

Our child has passed the hearing screen.

We know how to use the equipment our homecare co. gave us.

We know who our homecare company is and why they are involved.

We know how to feed our child.

We can tell you what calorie formula our child needs.

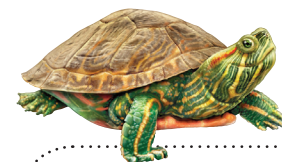
We can tell/show you how to mix our child's formula.

We know who our Dietician is and what they do.

We can tell you times and doses and how to give the medications.

We can tell you what medication side effects to look for.

Our child and their siblings have received all age appropriate immunizations.



Our child has passed the car seat test.

We have taken our CPR class.

We know how to care for our child's surgical wound at home.

We know how/when to call the Surgery Nurse Clinicians.

We know when and who to call during an emergency.

We know when to call our child's Pediatrician.

We know the date and time of the follow-up appointment with the Cardiologist.



## We Can Go Home When:

- We can take care of our child by ourselves.
- We have done 24-hour care.
- We can use all homecare equipment.
- We understand when and how to call the Cardiology department.
- We have all of our follow-up appointments.
- We have all of our prescriptions and medications.



**NATIONWIDE CHILDREN'S**

*When your child needs a hospital, everything matters.<sup>SM</sup>*

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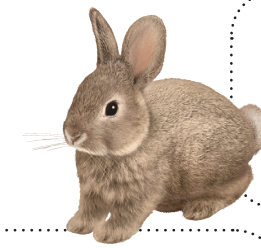
We know who our PT/OT are and what they do.

We know who our Early Intervention Specialist is and what they do.

We know who our Speech Therapist is and what they do.

We know who our Social Worker is and what they do.

We know who to contact for financial or billing questions.



We can tell you what medications our child takes and why our child takes them.

We have taken our CPR class.

We know how to use the equipment our homecare company gave us.

We know who our homecare company is and why they are involved.

We know what diet our child needs to follow at home.

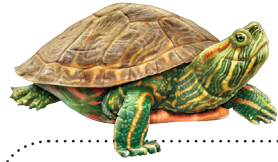
We know who our Dietician is and what they do.

We know when and why our child needs antibiotics (SBE prophylaxis).

We can tell you times and doses and how to give the medications.

We can tell you what medication side effects to look for.

We know our child's activity restrictions.



We have a school/gym excuse.

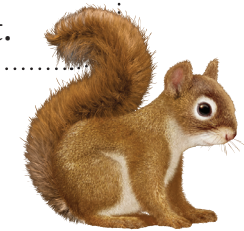
We know how to care for our child's surgical wound at home.

We know how/when to call the Surgery Nurse Clinicians.

We know when and who to call in case of an emergency.

We know when to call our child's Pediatrician.

We know the date and time of the follow-up appointment with the Cardiologist.



## We Can Go Home When:

- We can take care of our child by ourselves.
- We have done 24-hour care.
- We can use all homecare equipment.
- We understand when and how to call the Cardiology department.
- We have all of our follow-up appointments.
- We have all of our prescriptions and medications.



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# The Care Journey for Me and My Heart

Name \_\_\_\_\_ Discharge \_\_\_\_\_



I can tell you about my heart condition.

I can tell you what surgery/procedure I had during this admission.

I can tell you what to expect after surgery.

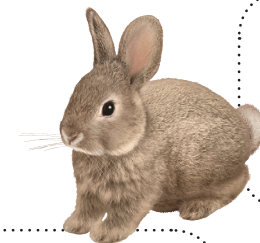
I have my Navigation Folder and know what information it includes.

I know who my PT/OT are and what they do.

I know who my Social Worker is and what they do.

I know who to contact for financial or billing questions.

I can tell you what medications I take and why I take them.



I can tell you what medication side effects to look for.

I know **where** I'm doing Cardiac Rehab after discharge.

I know **why** I'm doing Cardiac Rehab after discharge.

I know how to use the equipment the homecare company gave us.

I know who my homecare company is and why they are involved.

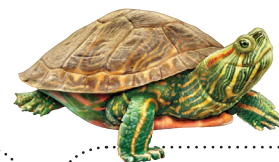
I know what diet I need to follow at home.

I know who my Dietician is and what they do.

I know when/why I need to take antibiotics (SBE prophylaxis).

I can tell you times and doses and how to take the medications.

I know **when** my Cardiac Rehab should start.



I know my activity restrictions and when I can return to work/school.

I know how to care for my surgical wound at home.

I know how/when to call the Surgery Nurse Clinicians.

I know when and who to call in case of an emergency.

I know when to call my Primary Care Physician.

I know the date & time of the follow-up appointment with Cardiology.



## I Can Go Home When:

- I can take care of myself at home.
- I can use all homecare equipment.
- I understand when and how to call the Cardiology department.
- I have all of my follow-up appointments.
- I have all of my prescriptions and medications.



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# The Care Journey for Me and My Heart

Name \_\_\_\_\_

Discharge \_\_\_\_\_



We can tell you about our child's heart condition and their surgery.

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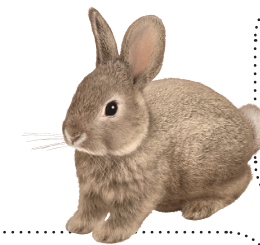
We know who our PT/OT are and what they do.

We know who our Early Intervention Specialist is and what they do.

We know who our Speech Therapist is and what they do.

We know who our Social Worker is and what they do.

We know who to contact for financial or billing questions.



We know who our Home Monitoring team is and what they do.

We know how to use the equipment our homecare company gave us.

We know who our homecare company is and why they are involved.

We can tell you times and doses and how to give the medicines.

We can tell you what medication side effects to look for.

We can tell you what medications our child takes and why our child takes them.

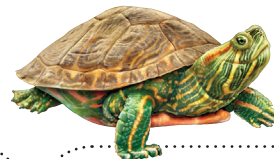
We know the "Red Flags" and know when to call.

We can show you how to fill out our Home Monitoring log book.

We can show you how to use our home scale and pulse oximeter.

We have completed our Home Monitor teach.

We know who our Dietician is and what they do.



We can tell/show you how to mix our child's formula.

Our child has passed the car seat test.

We know when to call the Surgery Nurse Clinicians.

We know how to care for our child's surgical wound at home.

We know when/who to call if case of an emergency.

We know who our EMS/first responders are.

We know when to call our child's Pediatrician

We know the date and time of the follow-up appointment with the Cardiologist.

We can tell you what calorie formula our child needs.

We have taken our CPR class.

We know how to feed our child.

Our child has passed the hearing screen.

Our child and their siblings have received all age-appropriate shots.



## We Can Go Home When:

- We can take care of our child by ourselves.
- We have done 24-hour care.
- We can use all equipment and Home Monitoring logs.
- We understand when and why to call the Home Monitoring team.
- We have all of our follow-up appointments.
- We have all of our prescriptions and medications.



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