This Red Flag Action Plan template was designed by NPC QIC teams and parents, as a way to facilitate clear communication between families and their cardiologist regarding recognition of interstage warning signs (“red flags”) and what to do about them.

Families (and clinical teams) are encouraged to review and complete this form with their cardiologist, and to modify the form freely.

RED FLAG ACTION PLAN for PARENTS

This document is intended to help you and your cardiologist clarify the appropriate responses to any “Red Flags” or significant changes in your baby’s health. We encourage you to:

* Review and complete this document carefully with your Cardiologist. Modify it as much or as little as you like.
* Determine with your cardiologist what important health indicators you should track and record.
* Fill in any missing phone numbers below, insert helpful notes, and read all materials provided by the hospital and physicians
* Make several copies of important documents to share with babysitters, neighbors etc. and store additional copies in convenient places like diaper bags, strollers, or the car
* Go to all medical appointments
* Respond to calls and other communications from your healthcare providers
* Cardiologist Name and Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You know your baby best! We encourage you to report any changes that are of concern to you.

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| --- | --- |
| **RED FLAGS** | **ACTIONS (What to do)** |
| Any behavior or bodily change that worries you |  |
| Irritability/won’t calm, or decreased response to you |  |
| Temperature over \_\_\_\_\_ °F |  |
| Increased work of breathing or stopping to breathe during feeding |  |
| Feeding difficulty, increased sweating during feeds, or excessive spitting up |  |
| Does not gain an average of \_\_\_\_ grams over \_\_\_\_ days |  |
| Vomiting or diarrhea (more than \_\_\_\_\_ episodes in \_\_\_ hours) |  |
| Fewer than \_\_\_ wet diapers per day |  |
| Low oxygen saturations (less than \_\_\_\_%) |  |
| Feeding pump or pulse ox monitor problems |  |
|  |  |
|  |  |
|  |  |

Pediatrician Phone Number:

Other Important Phone Numbers and Notes: